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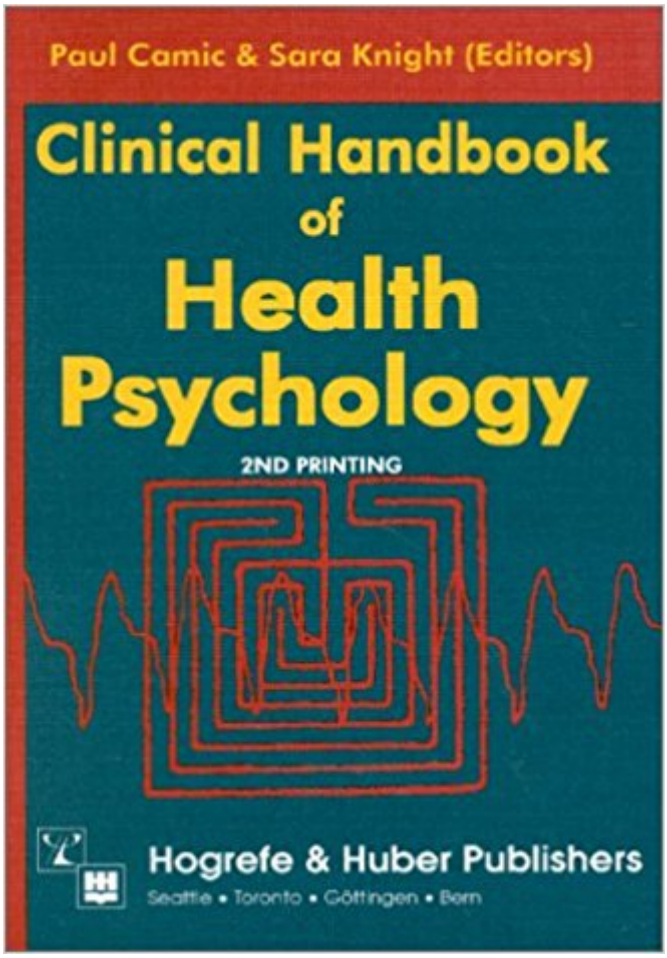
Clinical Handbook Of Health Psychology



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Synopsis

This working reference manual for primary health care providers and health psychologists first discusses how to perform an effective clinical interview of the patient, practical psychometric assessment procedures and other issues. Detailed chapters then address the most important medical conditions dealt with by psychologists, such as cardiovascular and respiratory disorders, chronic pain, diabetes, endocrine and gastrointestinal problems, AIDS, MS and obstetric and gynecological conditions. The authors also discuss in detail how to promote effective methods which enable patients to cope with their medical conditions, including individual, group and community involvement with traditional and alternative health methods, as well as risk reduction in minority populations.

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Clara, CA"This text will endure as a useful teaching tool." -- Kathleen Segraves, PhD, Dept of Psychiatry, Case Western Reserve University, & Director of Behavioral Medicine Service at MetroHealth Medical Center, Cleveland, OH --This text refers to an out of print or unavailable edition of this title.

Good resource for my studies in the area of medical social work. It isn't an exciting read, but was quite informative.

This is one of the best books I have seen in the field of clinical health psychology. It is extremely thorough and provides a comprehensive overview of many medical problems encountered by health psychologists. The focus of the book is on both the science of empiricim and the care involved in the healing relationship of therapist and client.

This is clearly one of the best and most comprehensive texts on the subject of clinical health psychology. The diversity of presenting medical conditions and the depth of each chapter is very impressive.

This is an accessible handbook that gives an excellent introduction to the treatment of several disorders from a health psychology perspective. Clear writing from over 20 contributors--what a find!

I have been teaching health psychology for about 7 years and this is the BEST book to date. It is clearly written, extremely well organized and comprehensive. A must buy!

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